



# MIDDLE AND HIGH SCHOOL Breakfast - The most important meal of the day!

**Breakfast:** Paid....\$1.25  
Reduced....\$.25  
**Lunch:** Paid....\$2.00  
Reduced....\$.25  
Milk....\$.35

## BREAKFAST AVAILABLE TO YOU DAILY:

Build your own Breakfast - For \$1.25

~ CHOOSE ONE:

#1 Bagel with Cream Cheese OR/

#2 Buttered Roll OR/

#3 Assorted Cereal with High Fiber Graham Cracker Pack OR/

~ CHOOSE ONE OR BOTH:

Juice Bar/Fresh Fruit Selection

Milk Choice



Happy St. Patrick's Day!

Students can participate using your meal eligibility - Free or Reduced Price (\$\$.25)

Add any of the following & build your own breakfast the way you like it!

Bacon (1 slice) - \$.25

Egg Patty (1) - \$.25

Sausage Patty (1) - \$.25

Cheese 1oz. (2 slices) - \$.25



## AND FOR LUNCH OFFERED TO YOU WEEKLY:

## 3 CHOICES DAILY!

### MONDAYS

Choose Your Entrée Selection:

~ Baked Meatloaf Sandwich on Whole Wheat Bun with Gravy **NEW!**

~ Tyson Chicken Nugget Boat with Italian Bread Slice and Ketchup

~ Manager's Choice\* (suggest your favorite)

Choose Your Sides (1 or all):

~ Vegetable of the Day ~ Fresh Fruit Selection or Berry Cup~ Milk Choice

### TUESDAYS

Choose Your Entrée Selection:

~ Manager's Special of the Day\*

~ Dannon Yogurt Salad Plate with Cold Mozzarella Stick and Graham Crackers

~ Tyson Chicken Patty Parmesan Wedge

Choose Your Sides (1 or all):

~ Vegetable of the Day ~ Fresh Fruit Selection or Berry Cup~ Milk Choice

### WEDNESDAYS

Choose Your Entrée Selection:

~ Tuna Salad Plate over Shredded Lettuce with Italian Bread Slice

~ Manager's Selection\*

~ Hot Turkey Roast with Gravy and Buttermilk Biscuit **ALL NEW!**

Choose Your Sides (1 or all):

~ Vegetable of the Day ~ Fresh Fruit Selection or Berry Cup~ Milk Choice

### THURSDAYS

Choose Your Entrée Selection:

~ Meaty Pasta Plate with Mozzarella Cheese Garnish **NEW!**

~ Tyson Popcorn Chicken Salad Plate with Italian Dressing

~ Manager's Choice\* (suggest your favorite)

Choose Your Sides (1 or all):

~ Vegetable of the Day ~ Fresh Fruit Selection or Berry Cup~ Milk Choice

### FRIDAYS

Choose Your Entrée Selection:

~ Chef's Salad Plate

~ Personal Pan Pizza

~ Manager's Special of the Day\*

Choose Your Sides (1 or all):

~ Vegetable of the Day ~ Fresh Fruit Selection or Berry Cup~ Milk Choice

**\*\*\*AND OTHER ALA CARTE ITEMS ARE AVAILABLE FOR SALE ... FEATURING PIZZERIA STYLE PIZZA,  
NATHAN'S HOT DOGS, ZERO TRANS FAT FRENCH FRIES AND MUCH MORE!!!\*\*\***

\* May contain pork.

Menu Subject to Change Without Notice

**If you have a food allergy please speak to your cafeteria manager or server.**

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