

BREAKFAST JANUARY 2012 ELEMENTARY – YONKERS PUBLIC SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SCHOOL CLOSED ²	Kellogg's or General Mills Assorted Personal Cereal ³ Keebler High Fiber Graham Cracker Pack Individual Juice Box Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ⁴ Keebler High Fiber Graham Cracker Pack Applesauce Cup Milk Choice	Colby Cheese Omelet ⁵ Peach Cup Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ⁶ Keebler High Fiber Graham Cracker Pack Chilled Pears Milk Choice
Kellogg's or General Mills Assorted Personal Cereal ⁹ Keebler High Fiber Graham Cracker Pack Individual Juice Box Milk Choice	Eggo Mini Pancakes ¹⁰ Mixed Fruit Cup Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ¹¹ Keebler High Fiber Graham Cracker Pack Fresh Orange Wedges Milk Choice	Colby Cheese Omelet ¹² Chilled Pears Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ¹³ Keebler High Fiber Graham Cracker Pack Peach Cup Milk Choice
SCHOOL CLOSED ¹⁶	Kellogg's or General Mills Assorted Personal Cereal ¹⁷ Keebler High Fiber Graham Cracker Pack Individual Juice Box Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ¹⁸ Keebler High Fiber Graham Cracker Pack Fresh Orange Wedges Milk Choice	Colby Cheese Omelet ¹⁹ Chilled Pears Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ²⁰ Keebler High Fiber Graham Cracker Pack Peach Cup Milk Choice
Kellogg's or General Mills Assorted Personal Cereal ²³ Keebler High Fiber Graham Cracker Pack Individual Juice Box Milk Choice	Eggo Mini Pancakes ²⁴ Mixed Fruit Cup Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ²⁵ Keebler High Fiber Graham Cracker Pack Fresh Orange Wedges Milk Choice	Colby Cheese Omelet ⁵ Peach Cup Milk Choice	Kellogg's or General Mills Assorted Personal Cereal ²⁷ Keebler High Fiber Graham Cracker Pack Chilled Pears Milk Choice
Kellogg's or General Mills Assorted Personal Cereal ³⁰ Keebler High Fiber Graham Cracker Pack Individual Juice Box Milk Choice	Eggo Mini Pancakes ³¹ Mixed Fruit Cup Milk Choice	BREAKFAST FACT In a 10-year study of more than 2000 girls, those who ate breakfast frequently were less likely to become overweight during adolescence than those who rarely ate breakfast. ¹		

NUTRITION TIP: Stay Active

- If you have a food allergy, please speak to your cafeteria manager or food server.
- Breakfast Prices: Paid = \$1.00 Reduced = \$.25
- Menu subject to change without notice



School Information: : In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C, 20250-9410 or call 800-795-3272/202-720-6382. USDA is an equal opportunity provider and employer.