



## **When to Keep Your Child Home from School:**

- Chills: unexplained and persistent
- Cold symptoms: persistent moderate symptoms of congestion, runny nose, headache, cough and not improving.
- COVID diagnosis: must complete 5 days of isolation and wear a mask for 10 days
- Exposure to an illness and developing symptoms: for example, COVID/Flu/Strep
- Diarrhea: in the last 24 hours
- Ear pain or fluid coming from the ear
- Eye redness or crusting in eyelids
- Fatigue or generally not well and/or requiring acetaminophen, (Tylenol) or ibuprofen, (Advil) to attend school
- Fever in the last 24 hours (taken by mouth)
- Headache-persistent or not improving
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Sore throat: Persistent or moderate to severe sore throat
- Strep Throat diagnosed: Needs 24 hours with antibiotics
- Toothache
- Vomiting in the last 24 hours

If your child becomes ill at school and the teachers and/or nurse have observed they are not well you will be called to pick up your child.

**\*\*\*Please make sure all of your phone numbers are up to date.**

If your child is not able to attend school related to a medical condition please let your school nurse know immediately and provide a letter of clearance for any medical evaluation, emergency room visit, or any absence >3 days related to a medical condition.

Remind children to wash their hands frequently, try not to touch their face as much as possible, cover their mouths with sneezing and coughing and throw away used tissues.

**Any questions please email/call your school nurse, (found on your home school website).**