

Patricia Dooley (School Psychologist)

Hours Available 9:00 – 1:00 Monday - Friday

E-mail: pdooley@yonkerspublicschools.org

Contact number during school closure (914) 222-5520

Daily reminder, repeat OFTEN:

This is what it is right now. Right now I am o.k.

RESOURCES

1. Life Skills Lessons for Remote Learning
<https://www.overcomingobstacles.org/blog/wp-content/uploads/2020/03/Life-Skills-Lessons-for-Remote-Learning.pdf>
2. New FREE service for Parents and Teachers by Mindvalley
Reply-To: info@mindvalleyacademy.com
From: Mindvalley Daily <info@mindvalleyacademy.com>
Date: April 2, 2020 at 11:10:53 AM EDT
Subject: New Free Service for Parents and Teachers (by Mindvalley)

From: Mindvalley Daily <info@mindvalleyacademy.com>
Date: April 2, 2020 at 11:10:53 AM EDT
To: sari137@yahoo.com
Subject: New Free Service for Parents and Teachers (by Mindvalley)
Reply-To: info@mindvalleyacademy.com

As a billion kids are out of schools and parents and teachers are learning how to juggle home, business and kids - we wanted to do something to help. So my team and I decided to make our new parenting coaching program free to enroll. It was initially a 4 week, live coaching program with 12 of America's top parenting experts coming live on Zoom calls to coach parents and share profound wisdom. The enrollment fee was \$395. But I decided to make it free, return any money to any customers who bought it, and open it up to everyone as a way to support all the heroic parents and teachers helping the 1 billion children today who are out of school. Check it out here and enroll to get access to these [live Zoom Calls >>](#) The first live session begins next Monday April 6th. [So click here to sign up.](#)

3. Need Someone To Talk To? Visit www.fsw.org/LetsTalk for more information. Family Services of Westchester by Telephone or Video English and Spanish. Most insurance accepted, including Medicaid Managed Care. Sliding scale fee available. Psychiatric medication management also available.