



ISOLATION AND QUARANTINE GUIDANCE

FOR STUDENTS WHO TEST COVID-19 POSITIVE OR HAVE SYMPTOMS



Statewide requirement and guidance regarding COVID-19 isolation and quarantine have been updated by New York State Department of Health (NYSDOH) COVID Quarantine and Isolation in School Setting on January 10, 2022, and the Westchester County Department of Health (WCDOH) Individuals Who Test COVID-19 Positive or Have Symptoms Isolation Guidance on January 11, 2022. These updates align with Centers for Disease Control (CDC) January 6, 2022

Yonkers Public Schools will adhere to the following guidance to support the health and safety of students attending school for in-person learning.

ISOLATION REQUIREMENTS

- Students who test positive for COVID-19 will be required to **isolate for at least five (5) days (regardless of vaccination status)**.
- Day 0 is the first day of symptoms or, for asymptomatic students, the day the COVID-19 test was performed.
- Students may attend school after the 5-day isolation provided symptoms have improved (i.e., cough and runny nose are resolved), and they are fever-free without fever-reducing medication for at least 24 hours. If symptoms persist after day 5, further isolation will be required. Certain symptoms such as loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.
- If asymptomatic students develop symptoms **after** testing positive, the 5-day isolation period starts over. Day 0 is the first day of symptoms.
- Students who test positive should continue to wear a well-fitting mask around others at home and in public for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period if they are unable to wear a mask when around others, they should continue to isolate for 10 days.

QUARANTINE REQUIREMENTS

- Students who are not vaccinated or have not completed a primary vaccine series (i.e., at least 14 days past the second dose) who came into close contact with someone with COVID-19 **must quarantine for at least five (5) days** after their last close contact (where day 0 is the most recent day of close contact).
- **Asymptomatic unvaccinated students** are eligible to participate Yonkers Public Schools **Test to Stay (TTS) program** (beginning January 24, 2022) with parent/guardian consent to attend school during the 5-day quarantine period.
- Students are not permitted to participate in sports or extracurricular activities during the 5-day quarantine and are required to quarantine when not in school.

STUDENTS PARTICIPATING IN TEST TO STAY (TTS) SHOULD BE INSTRUCTED THAT:

- They should practice social distancing from coworkers and others at all times except when job duties do not permit such distancing.
- They should separate themselves from others when eating or drinking.
- Self-monitor

The District's Health Services staff will notify students' parents/guardians regarding the required quarantine or isolate due to COVID-19 positivity or exposure.

These guidelines are subject to change pursuant to updates provided by the CDC, NYSDOH and WCDOH.