



FACT SHEET: COVID

Quarantine is no longer recommended for any close direct contact unless symptoms develop or your child tests positive. YPS continues to recommend testing days 3-5 after contact. Masks are recommended for 10 days in the classroom where the contact occurred for grades PreK-8. In older grades mask wearing is recommended for close direct contacts identified.

COVID can spread by:

- Droplet transmission
- Coughing or sneezing
- Being <6 feet over 15 minutes with a positive person

Risk increases dependent upon indoor or outdoor events, if masks were worn, etc.

Please monitor your child for the following symptoms over the next 2-14 days:

Fever or chills	Cough	New loss of taste and smell
Shortness of breath or difficulty breathing	Fatigue	Congestion or runny nose
Muscle or body aches	Headache	Nausea/vomiting
New loss of taste or smell	Sore throat	Diarrhea

If your child develops any symptoms, please keep them home and call your healthcare provider right away and have them tested.

A negative test does not necessarily rule out COVID and if your child continues to have symptoms please keep them home and have them retested.

Prevention:

- Washing hands frequently
- Getting vaccinated
- Avoiding people that are sick or in close direct contact

Individuals at High Risk: Always consult with your healthcare provider with any questions or concerns. Anyone with underlying conditions, compromised immune system, pregnancy, elderly, etc., should contact their healthcare provider if they think they may have been exposed right away.

Letter of clearance: If your child is diagnosed with COVID they will need to remain out of school for a minimum of 5 days from the onset of symptoms and not have had a fever for 24 hours. They need to feel well with limited to no symptoms prior to returning to school and a mask must be worn for 10 days from the time symptoms began. If hospitalized or a severe or prolonged illness occurs, a letter of clearance is needed to return to school and activities.

Any questions please email/call your school nurse, (found on your home school website).

For more information: [Coronavirus Disease 2019 \(COVID-19\) | CDC](#)