



FACT SHEET: Fifth's Disease, (Parvovirus B19)

Fifth's disease most commonly occurs in young children. For most people this is a self-limited infection, requiring only supportive care, and resolves in 2-10 days. Some people never develop symptoms.

Fifth's Disease, (Parvovirus B19) is spread by:

- Droplets or respiratory secretions
- Coughs and sneezes
- Blood or blood products

Please monitor your child for the following symptoms for 7-21 days:

Fever	Headache
Runny nose	Rash-usually mild, a "slapped cheek" appearance can occur

If your child develops any symptoms please keep them home and call your healthcare provider.

Prevention:

- Washing hands with soap and water for 20 seconds or alcohol-based hand gel
- Not touching eyes, nose, mouth as much as possible
- Avoid people that are infected

Individuals at High Risk:

Always consult with your healthcare provider with any questions or concerns. A pregnant woman who is infected with parvovirus B19 can pass the virus to her baby. Any pregnant woman or person with immune system compromise who may have been exposed to Fifth's disease, (Parvovirus B19) should contact their obstetrician or healthcare provider as soon as possible.

Return to School:

A letter of clearance will be needed for return to school and the rash and symptoms should be resolved with no fever for 24 hours.

Any questions please email/call your school nurse, (found on your home school website).

For more information: <https://www.cdc.gov/parvovirusb19/index.html>