



## FACT SHEET: Ringworm

Ringworm is a common skin infection that is caused by a fungus. It's called "ringworm" because it can cause a circular rash (shaped like a ring) that is usually red and itchy with central clearance. Anyone can get ringworm after contact with the fungi that cause it and can happen anywhere on the body.

### Ringworm is spread by:

- Skin-to-skin contact
- Sharing personal care items: clothes, towels, etc.

### Please monitor your child for the following symptoms for the next 4-14 days:

Red, itchy rash often in "ring" shaped with central clearance
Scaly cracked skin where rash is
Hair loss if on scalp

***If your child develops symptoms please keep them home and call your healthcare provider.***

### Prevention:

- Wash hands often with soap and water for at least 20 seconds or an alcohol-based hand sanitizer
- Keep skin clean and dry
- Do not share clothes, towels, or personal care items
- Avoid pets that may be infected

**Individuals at High Risk:** Always consult with your healthcare provider with any questions or concerns. Although complications are generally rare some factors increase someone's risk. Anyone with underlying conditions, compromised immune system, pregnancy, elderly, etc. should contact their healthcare provider if they think they may have been exposed.

**Return to School:** Your child can return to school once they are cleared by their healthcare provider and they have:

- Started treatment, and
- All affected areas are covered

**Any questions please email your school nurse, (found on your home school website).**

For More Information: <https://www.cdc.gov/fungal/diseases/ringworm/>