

October 2022  
Elementary Breakfast Menu



**FREE BREAKFAST & LUNCH  
FOR ALL STUDENTS!**

Monday	Tuesday	Wednesday	Thursday	Friday
<u>3</u> Cocoa Puffs Bar Peaches Milk Choice: Low-Fat or Skim	<u>4</u> Assorted Whole Grain Muffin Applesauce Milk Choice: Low-Fat or Skim	<u>5</u> <b>SCHOOLS CLOSED YOM KIPPUR</b>	<u>6</u> Kellogg's or General Mills Cereal Bowl Assorted Whole Grain Crackers 100% Fruit Juice Milk Choice: Low-Fat or Skim	<u>7</u> Assorted Pull-Apart-Bagel With Cream Cheese Pears Milk Choice: Low-Fat or Skim
<u>10</u> <b>SCHOOLS CLOSED COLUMBUS DAY</b>	<u>11</u> Kellogg's or General Mills Cereal Bowl Assorted Whole Grain Crackers Applesauce Milk Choice: Low-Fat or Skim	<u>12</u> Mini Waffles Maple Syrup 100% Fruit Juice Milk Choice: Low-Fat or Skim	<u>13</u> Yogurt Assorted Whole Grain Crackers Peaches Milk Choice: Low-Fat or Skim	<u>14</u> Assorted Whole Grain Muffin Mixed Fruit Milk Choice: Low-Fat or Skim
<u>17</u> Cinnamon Toast Crunch Bar Applesauce Milk Choice: Low-Fat or Skim	<u>18</u> Kellogg's or General Mills Cereal Bowl Assorted Whole Grain Crackers Pears Milk Choice: Low-Fat or Skim	<u>19</u> Yogurt Assorted Whole Grain Crackers Peaches Milk Choice: Low-Fat or Skim	<u>20</u> Mini Pancakes Maple Syrup 100% Fruit Juice Milk Choice: Low-Fat or Skim	<u>21</u> Kellogg's or General Mills Cereal Bowl Assorted Whole Grain Crackers Applesauce Milk Choice: Low-Fat or Skim
<u>24</u> Assorted Pull-Apart-Bagel with Cream Cheese Pears Milk Choice: Low-Fat or Skim	<u>25</u> Kellogg's or General Mills Cereal Bowl Assorted Whole Grain Crackers Applesauce Milk Choice: Low-Fat or Skim	<u>26</u> Mini Waffles Maple Syrup 100% Fruit Juice Milk Choice: Low-Fat or Skim	<u>27</u> Yogurt Assorted Whole Grain Crackers Mixed Fruit Milk Choice: Low-Fat or Skim	<u>28</u> Kellogg's or General Mills Cereal Bowl Assorted Whole Grain Crackers Peaches Milk Choice: Low-Fat or Skim
<u>31</u> Assorted Whole Grain Muffin Mixed Fruit Milk Choice: Low-Fat or Skim			<b>If you have a food allergy, please speak with the Cafeteria manager or food server.</b>  <b>*Menu subject to change without notice.</b>	<b>Questions or concerns? We're here to help you! Contact the Food Services Department 914-376-8166 <a href="http://yonkerspublicschools.org/menus">yonkerspublicschools.org/menus</a></b>