

October 2022
Elementary Lunch Menu



FREE BREAKFAST & LUNCH
FOR ALL STUDENTS!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>3</u></p> <p>Chicken Tenders Whole Grain Dinner Roll Carrots Mixed Fruit Condiments Milk Choice: Choco, Low-Fat or Skim</p>	<p><u>4</u></p> <p>Breaded Mozzarella Sticks Garlic Bread/Marinara Sauce Green Beans Peaches Condiments Milk Choice: Low-Fat or Skim</p>	<p><u>5</u></p> <p>SCHOOLS CLOSED YOM KIPPUR</p>	<p><u>6</u></p> <p>Roasted Chicken Whole Grain Dinner Roll Corn Pears Condiments Milk Choice: Low-Fat or Skim</p>	<p><u>7</u></p> <p>Pizza Slice Broccoli Pineapples Milk Choice: Choco, Low-Fat or Skim</p>
<p><u>10</u></p> <p>SCHOOLS CLOSED COLUMBUS DAY</p>	<p><u>11</u></p> <p>South West Queso Cheesy Pull-Apart-Bread Corn Mixed Fruit Milk Choice: Low-Fat or Skim</p>	<p><u>12</u></p> <p>Grilled Beef Cheeseburger Whole Grain Hamburger Bun French Fries Applesauce Condiments Milk Choice: Choco, Low-Fat or Skim</p>	<p><u>13</u></p> <p>Chicken Patty Whole Grain Hamburger Bun Carrots Pears Condiments Milk Choice: Low-Fat or Skim</p>	<p><u>14</u></p> <p>Galaxy Pizza Green Beans Pineapples Milk Choice: Choco, Low-Fat or Skim</p>
<p><u>17</u></p> <p>Chicken Nuggets Whole Grain Dinner Roll Carrots Mixed Fruit Condiments Milk Choice: Choco, Low-Fat or Skim</p>	<p><u>18</u></p> <p>Totally Taco Triangles-Beef Salsa Corn Peaches Milk Choice: Low-Fat or Skim</p>	<p><u>19</u></p> <p>Grilled Cheese Sandwich American Cheese Whole Wheat Bread Green Beans Pineapples Milk Choice: Choco, Low-Fat or Skim</p>	<p><u>20</u></p> <p>Meatballs with Marinara Sauce Whole Grain Hot Dog Bun Carrots Pears Condiments Milk Choice: Low-Fat or Skim</p>	<p><u>21</u></p> <p>Pizza Slice Broccoli Mixed Fruit Milk Choice: Choco, Low-Fat or Skim</p>
<p><u>24</u></p> <p>Chicken Tenders Whole Grain Dinner Roll Corn Peaches Condiments Milk Choice: Choco, Low-Fat or Skim</p>	<p><u>25</u></p> <p>Stuffed Mozzarella Cheese Bread Stick Broccoli Mixed Fruit Milk Choice: Low-Fat or Skim</p>	<p><u>26</u></p> <p>Totally Taco Triangles-Beef Salsa Carrots Pears Milk Choice: Choco, Low-Fat or Skim</p>	<p><u>27</u></p> <p>Roasted Chicken Whole Grain Dinner Roll Corn Peaches Condiments Milk Choice: Low-Fat or Skim</p>	<p><u>28</u></p> <p>Galaxy Pizza Green Beans Applesauce Milk Choice: Choco, Low-Fat or Skim</p>
<p><u>31</u></p> <p>Chicken Nuggets Whole Grain Dinner Roll Carrots Pears Condiments Milk Choice: Choco, Low-Fat or Skim</p>		<p>Questions or concerns? We're here to help you! Contact the Food Services Department 914-376-8166 yonkerspublicschools.org/menus</p>	<p>If you have a food allergy, please speak with the Cafeteria manager or food server. * May Contain Pork *Menu subject to change without notice.</p>	<p>CONDIMENTS: Ketchup, Mayonnaise, Mustard NOTE: Cheese, Peanut Butter and Jelly Sandwiches available upon request.</p>