






Screen-Free Bingo



<p>Create your own special reading nook. Read for 20 minutes.</p>	<p>Paint a picture of your favorite place to go.</p> 	<p>Make a sidewalk chalk obstacle course.</p>	<p>Build a fort with pillows and blankets.</p>	<p>Color in a coloring book.</p>
<p>Plant something. Make sure to water it each day and watch it grow.</p>	<p>Sit near a window for 15 minutes. Record what you see, hear and smell.</p>	<p>Build an animal out of building blocks and write 2 sentences about it.</p>	<p>Learn how to make a peanut butter and jelly sandwich.</p>	<p>Practice jump roping or do jumping jacks.</p> 
<p>Build something taller than you. Use a measuring tape to measure it.</p>	<p>Play a board game with a family member.</p>		<p>Draw a map of your home. Label items in each room.</p>	<p>Go on an alphabet walk. Record something you find for each letter of the alphabet.</p>
<p>Do a scavenger hunt.</p> 	<p>Learn how to make chocolate chip cookies. Help measure!</p>	<p>Use playdoh to make your name. What else can you make?</p>	<p>Work on a puzzle.</p> 	<p>Watch the clouds and draw some of the cloud shapes you see.</p>
<p>Pick a treasure and hide it somewhere. Draw a map and have someone try to find it.</p>	<p>Take a nature walk. Write down 5 things you found.</p>	<p>Write a letter to a friend or family member.</p>	<p>Read a book to your pet or stuffed animal.</p>	<p>Pretend the floor is lava. Create a course to avoid it.</p>