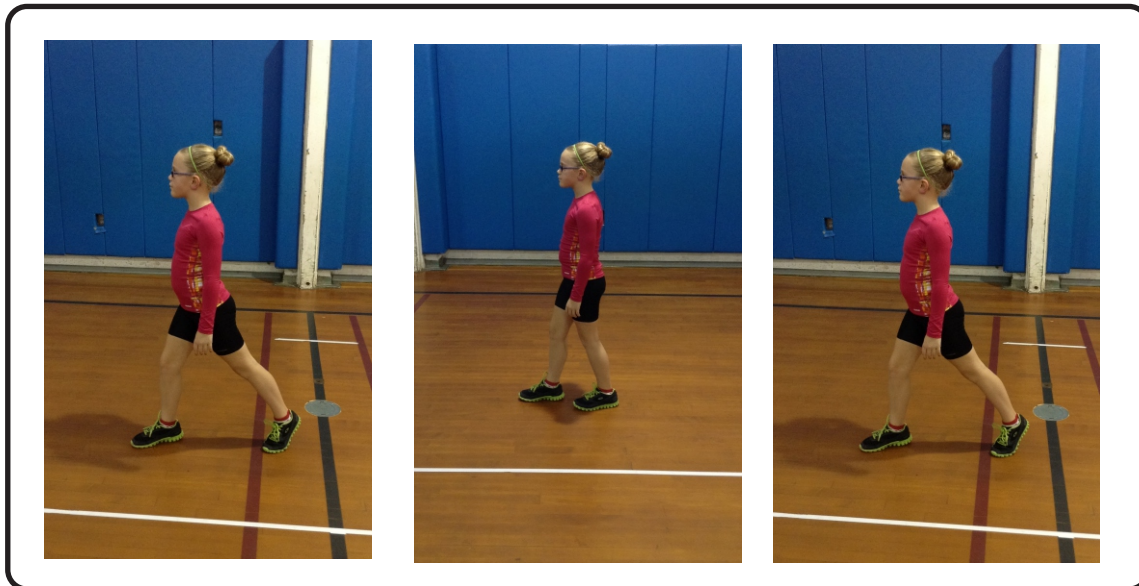


Galloping

Child's Name: _____ Date: _____

Therapist's Name: _____



Directions:

1. Lead with your right foot and your left arm swings forward slightly.
2. Bring your left foot forward to meet your right foot.
3. Lead again with the right foot and the left arm swinging forward, then bring your left foot forward again to meet the right foot.

To gallop with your left foot forward, lead with your left foot.

Perform for _____ repetitions OR for _____ seconds.

Watch the Video:

Download a QR code reader to your smart phone or tablet.
Snap a picture of the QR code on the right to watch the video.

Watch on You Tube at <http://youtu.be/i1zhSYGt5ZE>

