



# Virtual Summer Parent Academy July 2020



## **YPS First Virtual Summer Parent Academy**

### **Be a part of it!**

Yonkers Public Schools is hosting a Virtual Summer Parent Academy from July 7, 2020-July 30, 2020. The classes are designed to be fun, online learning experiences that will give adults new skills and knowledge around health and wellness, college and career preparedness, individual grade level expectations and high school programs.

The workshop sessions taught virtually in the mornings and evenings focus on enhancing skills and sharing of resources that support learning. This opportunity will allow parents to build their toolkit for at home learning with children. Excel for Beginners, My Child is Entering \_ Grade, What Should I Expect? and The Benefits of Bilingual Education are a few of the workshops available to parents and guardians. Workshops are offered in English and Spanish as noted.

Participants may access classes from a desktop, laptop computer, tablet, or even a smart phone. Workshop session leaders will use Zoom and Microsoft Teams to present information.

Read through the course offerings on the following pages and [CLICK HERE](#) to register for one or more classes. There is no cost to participants.

If you have any questions or need assistance, call the Division of Language Acquisition, Funded Programs, Counseling and the Arts at 914-376-8183 or email [tmcgowan@yonkerspublicschools.org](mailto:tmcgowan@yonkerspublicschools.org)

## **PROGRAM DESCRIPTIONS**

*(Use the link on the previous page to register for all courses.  
Log in information will be sent to you on or before the date of the workshop.)*

### **CHILD DEVELOPMENT**

#### ***My Child is Entering Kindergarten, What Should I Expect?***

This workshop will provide some important activities and skills to work on over the summer to prepare for Kindergarten.

#### ***Workshop Leader: Afsaneh Parandian***

Ms. Parandian has been teaching in Yonkers for 22 years. She received National Board Certification this year and was awarded Yonkers Teacher of the Year 2 years ago! She has been teaching Kindergarten for the past 18 years and truly loves it!

July 8<sup>th</sup>                      7:00 p.m.-8:00 p.m.

#### ***My Child is Entering 1<sup>st</sup> Grade, What Should I Expect?***

The first grade is a wonderful year of change. Many students are just beginning school, all students are preparing for new routines and structure. This workshop will prepare you for the expectations, both academic and behavioral, from September through June.

#### ***Workshop Leader: Kiyoi Tolliver-Van Wright***

Mrs. Van Wright has been teaching first grade in Yonkers Public Schools for 19 years. Mrs. Van Wright has participated in numerous programs such as after school programs, YPS Summer programs, Family Math Day and many professional development workshops in order to help students and their families achieve success.

July 14<sup>th</sup>                      5:00 p.m.-6:00 p.m.

#### ***My Child is Entering 2<sup>nd</sup> Grade, What Should I Expect?***

This workshop will provide a basic overview of what families can expect to learn in second grade. Strategies and resources will be shared with families to help support their child's learning at home.

#### ***Workshop Leader: Brooke Nealis-Merna***

Brooke Nealis-Merna has twenty years experience teaching second grade in Yonkers Public Schools. She holds a Bachelor's Degree in Elementary and Special Education, a Master's Degree in Literacy and a Professional Diploma in Administration.

July 21<sup>st</sup>                      10:00 a.m.-11:00 am

***My Child is Entering 3rd Grade, What Should I Expect?***

Third grade is a transitional year. Students are reading to learn, solving problems, writing essays, and taking standardized tests for the first time. It is a world of difference from second grade. Through informational slides, short videos and a question and answer period, you will discover what the expectations for your third grader will be and how to support your child in this pivotal year.

***Workshop Leader: Benay Umrichin***

Ms. Umrichin is a teacher at Montessori School 31. Her grade level is Primary Grades, so she teaches first, second and third grade. This will be her 21st year teaching in Yonkers Public Schools. Ms. Umrichin is also the School Wires website manager and technology liaison for her school. Her Master's Degree is in the area of Literacy Instruction.

July 15<sup>th</sup> 10:00 a.m.-11:00 a.m.

***My Child is Entering 4<sup>th</sup> Grade. What Should I Expect?***

This workshop will focus on key concepts studied in the fourth grade math curriculum. This workshop will incorporate activities, websites, and other fun resources your child can use at home to prepare for the fourth grade.

***Workshop Leader: Priscilla Hernandez***

Ms. Hernandez was born and raised in Yonkers, NY. She graduated from the College of Mount Saint Vincent. She has been teaching in Yonkers for three years and currently teaches fourth grade at Museum School 25.

July 8<sup>th</sup> 9:00 a.m.-10:00 a.m.

***My Child is Entering 5<sup>th</sup> Grade What Should I Expect?***

Participants will receive an overview of the 5th grade core curriculum and Next Generation Learning Standards. Expectations and recommendations for 5<sup>th</sup> grade students will be explored and discussed in this workshop.

***Workshop Leader: Leila Faour***

Mrs. Faour is a teacher at Yonkers Montessori Academy. She has been teaching upper elementary level for more than 15 years. She is certified in both the Montessori method and the International Baccalaureate elementary program.

July 16<sup>th</sup> 11:00 a.m.-12:00 p.m.

***My Child is Entering 6<sup>th</sup> Grade What Should I Expect?***

Parents will better understand goals and expectations that sixth graders face. Also, we will discuss the social and emotional support students need at this very pivotal time where students are transitioning from elementary school routines to middle school schedules.

***Workshop Leader: Jesse Carter***

Jesse Carter has been teaching in Yonkers since 2006 as a special education teacher. He has instructed students from grades 1 through 6 along with 12 years of summer program experience. (NY State dual certification: Students with Disabilities, Grades 1-6/Childhood Education, Grades 1-6)

July 16<sup>th</sup> 5:00 p.m.-6:00 p.m.

***My Child is Entering 7<sup>th</sup> Grade What Should I Expect?***

The discussion will focus on what parents need to know when their child enters 7<sup>th</sup> grade.

***Workshop Leader: Christopher Restaino***

Mr. Restaino is a 7<sup>th</sup> grade teacher from Yonkers Middle High School.

July 27<sup>th</sup> 10:00 a.m.-11:00 a.m.

***My Child is Entering 8<sup>th</sup> Grade What Should I Expect?***

The discussion will focus on what parents need to know when their child enters 8<sup>th</sup> grade.

***Workshop Leader: Edmond Byrne***

Mr. Byrne is an 8<sup>th</sup> grade teacher from Yonkers Middle High School.

July 28<sup>th</sup> 2:00p.m.-3:00p.m.

***Zooming to Gorton High School-A Discussion about Transition***

Participants will receive an overview of programs available at Gorton High School, and learn what students will be studying and how to support your child at home as they transition into high school.

***Workshop Leader: Mr. Jamie Morales***

Mr. Morales is an Assistant Principal at Gorton High School.

July 22<sup>th</sup> 6:00 p.m. – 7:00 p.m.

***Zooming to Palisade Prep-A Discussion about Transition***

Parents will receive an overview of programs available at Palisade Prep. Learn what students will be studying in 7<sup>th</sup> grade and how to support your child at home.

***Workshop Leader: Ms. Katrina Loftin***

Katrina Loftin is a School Counselor and College Readiness Advisor.

July 20<sup>th</sup> 11:00 a.m.-12:00p.m.

***Zooming to Riverside High School-A Discussion about Transition***

Parents will receive an overview of programs available at Riverside High School. Learn what students will be studying and how to support your child at home.

Workshop Leader: **Dr. Don Solimene**

Dr. Solimene is the Principal of Riverside High School.

July 8<sup>th</sup> 9:00 a.m. - 10:00 a.m.

***Zooming into Riverside High School – Part II***

Focus: Families of Students with Disabilities (SWD) and ENL Students. Parents will receive an overview of programs available at Riverside High School and how to assist SWD and ENL students. Learn what students will be studying and how to support your child at home.

***Workshop Leaders: Dr. Don N. Solimene, Mr. Pablo Sanz, Ms. Jayme Downes***

Dr. Don N. Solimene - Principal of Riverside High School. Increased Graduation rates from 54% to 84.5% over 6 years. Under his leadership school was removed from state accountability “Focus” level to “In Good Standing”. Previously Principal at Foxfire School (Pk-8) where he transitioned the students to a middle school program preparing students for the rigors of high school. Strong use of data for decision making and developing high school pathways and programs.

Mr. Pablo Sanz - Assistant Principal at Riverside High School. Works collaboratively in meeting the unique demands of all students toward graduation. Fluent in Spanish and French. Leads the Spanish, ENL, Health, Phys Ed and Athletics Departments at Riverside High School. Previously was AP at Lincoln and Saunders High Schools. He was also the athletic director at Yonkers High School.

Ms. Jayme Downes - Special Education Dept Rep and CSE Chair. She has been a special education teacher for 24 years. She also teaches two academic classes in addition to her role as CSE Chair and conducting PST meetings in addressing the myriad of needs of all special education students.

July 21<sup>st</sup> 9:00 am-10:00 am

***Zooming to Saunders Trades and Technical High School-A Discussion about Transition***

Obtaining a diploma at Saunders Trades and Technical High School different than attending a traditional comprehensive high school. This is a workshop for students and parents who will be attending Saunders in the fall.

***Workshop Leader: Mr. Steven Mazzola***

Mr. Steven Mazzola will be going into his 17th year as the Principal of Saunders High School. He has also worked as an English teacher and assistant principal at Saunders which brings his experience to 22 years there. He is extremely knowledgeable of career and technical education and is a well-respected leader in New York State on the topic of CTE.

July 28<sup>th</sup> 9:00 a.m.-10:00 a.m.

***Zooming to YMHS-A Discussion about Transition***

Introduce parents to the world of IB (International Baccalaureate) education and the programs and activities offered at YMHS

**Workshop Leaders: Jade Sharp, Sylvia Branchcomb, Roselyn Kendrick-Jones, and Marcie Lentine**

Jade Sharp - Principal of Yonkers Middle High School – Previously worked in the District as a Central Office Administrator and Principal. She started her career as a Special Education Teacher.

Sylvia LaRue Branchcomb – Assistant Principal of Yonkers Middle High School – 15 years in education. Prior career in international negotiations

Roselyn Kendrick-Jones – Guidance Counselor – Specializes in college preparation and placement

Marcie Lentine – IB Coordinator and Liaison for students, teachers and IB Organization

July 9<sup>th</sup> 2:00 p.m.-3:00 p.m.

***Zooming to Yonkers Middle High School – Part II***

Focus: Expectations of 9<sup>th</sup> Grade students entering YMHS. An overview of the IB and Bilingual Programs. The session will be delivered in Spanish as well as in English.

**Workshop Leaders: Ms. Jade Sharp, Ms. Yamile Leon, Ms. Marcie Lentine**

Ms. Jade Sharp - Principal of Yonkers Middle High School – Previously worked in the District as a Central Office Administrator and Principal. She started career as a Special Education Teacher.

Ms. Yamile Leon – Assistant Principal of YMHS – Bilingual Educator responsible for YMHS Bilingual and Bi-literacy Programs.

Ms. Marcie Lentine – IB Coordinator and Liaison for students, teachers and IB Organization

July 28<sup>th</sup> 6:00 p.m. – 7:00 p.m.

***Yonkers Basics Overview***

This workshop will provide an overview of the Yonkers Basics, a program based on 5 simple and powerful strategies to support the development and well-being of young children, so all children enter school ready to learn. The 5 strategies are: 1) Maximize Love and Manage Stress; 2) Talk, Sing, and Point; 3) Count, Group, and Compare; 4) Explore through Movement and Play; and 5) Read and Discuss Stories.

July 7<sup>th</sup> 10:00 a.m. – 11:00 a.m.

***Yonkers Basics Workshop – Maximize Love, Manage Stress***

This interactive workshop will explore the importance of maximizing love and managing stress (the 1st pillar of the Yonkers Basics) in the lives of families with young children to support social-emotional development. Participants will have the opportunity to share practices they currently use to maximize love and manage stress, and to learn new strategies.

July 9<sup>th</sup> 7:00 p.m. – 8:00 p.m.

***Yonkers Basics Workshop – Talk, Sing and Point***

This interactive workshop will explore the importance of talking, singing, and pointing (the 2nd pillar of the Yonkers Basics) to develop language skills in young children. Participants will have the opportunity to share practices they currently use to talk, sing, and point with young children, and learn new strategies.

July 13<sup>th</sup> 7:00 p.m. – 8:00 p.m.

***Yonkers Basics Workshop – Count, Group, and Compare***

This interactive workshop will explore the importance of counting, grouping, and comparing (the 3rd pillar of the Yonkers Basics) to develop math skills in young children. Participants will have the opportunity to share practices they currently use to count, group, and compare with young children, and learn new strategies.

July 15<sup>th</sup> 9:00 a.m. – 10:00 a.m.

***Yonkers Basics Workshop – Explore Through Movement and Play***

This interactive workshop will explore the importance of exploring through movement and play (the 4th pillar of the Yonkers Basics) to support physical development in young children. Participants will have the opportunity to share practices they currently use to explore through movement and play with young children, and learn new strategies.

July 17<sup>th</sup> 10:00 a.m. – 11:00 a.m.

***Yonkers Basics Workshop – Read and Discuss Stories***

This interactive workshop will explore the importance of reading and discussing stories (the 5th pillar of the Yonkers Basics) to support literacy in young children. Participants will have the opportunity to share practices they currently use to read and discuss stories with young children, and to learn new strategies.

This workshop will teach parents ways to help the children ages 0-3 to develop their thinking skills.

July 20<sup>th</sup> 7:00 p.m. – 8:00 p.m.

***Workshop Leader: Jen Longley***

Jen Longley is a teacher, researcher, and community activist who lives in Yonkers, NY. She worked with infants, toddlers, and families for more than 20 years. She received her doctorate in Education Leadership, Management, and Policy from Seton Hall University (2015). Since then, Professor Longley has the pleasure of teaching and learning from her students and colleagues as an Associate Professor of Early Childhood Education at the Borough of Manhattan Community College of the City University of New York. Professor Longley researches and publishes on early childhood workforce development and the experiences of early childhood teachers. She has the privilege of serving on and collaborating with the diverse members of the Yonkers Basics Advisory Board, Yonkers Pride Foundation, and Yonkers Mayor Michael Spano's LGBTQ+ Advisory Board.

***Workshop Leader: Sophia Wu***

Sophia Wu is a volunteer, translator, and education advocate who immigrated from Taiwan and lives in Yonkers, NY since 1992. Mrs. Wu received her Master's in Computer and Information Science from Trinity University, San Antonio, Texas (1991). Since then, Mrs. Wu has taught weekend Chinese lessons for 10 years, volunteered at Yonkers Public Library



and Yonkers Public Schools, organized chess clubs and tournaments, designed multiple yearbooks, offered treasury workshops at many PTA events, and chaired countless committees in PTAs. She has the privilege of serving on and collaborating with the diverse members of the Yonkers Basics Advisory Board. Mrs. Wu was the Yonkers Basics Community Liaison (March 2018- June 2019) and organized multiple workshops, convenings, and events during her tenure.

## **COMPUTER SKILLS & TECHNOLOGY**

### ***Excel for Beginners***

This Excel for Beginners workshop will provide participants with an introductory overview of Microsoft Excel basics.

#### ***Workshop Leader: Jim Anderson***

For the past three years, Mr. Anderson has served as the Director of Assessment and Accountability for Yonkers Public Schools. In this role, he oversees key components of the district's assessment program and Annual Professional Performance Review (APPR).

July 9<sup>th</sup>            5:00 p.m.-6:00 p.m.

### ***Microsoft Teams***

This workshop will introduce parents to Microsoft Teams and its many tools that can make learning more meaningful for students and more manageable for families.

#### ***Workshop Leader: Timothy Montalvo***

Mr. Montalvo is a 7th and 8th grade Social Studies teacher at Martin Luther King Jr. Academy. He has provided district wide training for students, teachers, and administrators on the topics of social studies education and technology.

July 10<sup>th</sup>           5:00 p.m.-6:00 p.m.

July 13<sup>th</sup>           5:00 p.m.-6:00 p.m.

July 20<sup>th</sup>           5:00 p.m.-6:00 p.m.

### ***Using your iPhone for Online Learning***

During this workshop, participants will learn how to create a personal email address and effectively communicate using Gmail. Tips and tricks to leverage iPhone usage for distance learning will be shared with the adult learners.

#### ***Workshop Leader: Nicole Pinto-Creazzo***

Ms. Pinto-Creazzo currently teaches technology to middle school students at Palisade Prep School. Previously, she held a position as Senior Instructional Technologist at Drew University where she trained faculty on various technologies and integrating technology into their curriculum.

July 9<sup>th</sup>            9:00 a.m.-10:00 a.m.

### ***What is Clever?-Using Clever to support your child with reading at home***

Participants will learn about eBooks and their Interactive Features available from Library Services and the Yonkers Public Library.

*Workshop Leader:* **Carol Westphal**

Carol Westphal is the Library Media Specialist at Riverside HS and Yonkers Montessori Academy. She has created informational guides for the district's digital eBooks to help students/families use each resource with ease.

July 15<sup>th</sup> 5:00 p.m.-6:00 p.m.

## **COLLEGE AND CAREER PREPAREDNESS**

### ***College and Career Preparedness-Steps to Take to Plan for Your Child's Future***

Learn about ways to prepare your child for college and careers. Explore the college process: types of colleges, degrees, scholarships, applications, etc. Also learn how to help your child with time management, planning and study skills.

*Workshop Leader:* **Roselyn Kendrick-Jones**

Roselyn Kendrick-Jones has been a School Counselor for 26 years. She holds a Master's degree in school counseling from the College of New Rochelle and currently works at Yonkers Middle High School.

July 14<sup>th</sup> 11:00 a.m.-12:00 p.m.

### ***College and Career Readiness (Spanish)***

Pasos a Seguir para Planear el Futuro de su Hijo/a – Aprenda los caminos a seguir para preparar a su hijo/a para la universidad y carreras. Explore el proceso universitario: tipos de universidades grados, becas, aplicaciones, etc. También aprenda como ayudar a su hijo/a a manejar su tiempo, planear y habilidades para estudiar

*Workshop Leader:* **Deyanira Santana Smykowski**

Consejera Educacional Bilingüe del Distrito Escolar de Yonkers ha estado ejerciendo esta profesión por más de 30 años.

July 15<sup>th</sup> 6:00 p.m.-7:00 p.m.

### ***Learn About How Financial Aid Works and How You and Your Child can Apply***

This workshop will show families the basics of financial aid. Participants will receive an overview of the financial aid process and learn about different ways to help pay for college.

*Workshop Leader:* **Jessica Striano-Frazer**

Jessica Striano-Frazer is a School Counselor at Palisade Preparatory School. She loves helping students and parents navigate the challenging college application and financial aid process, while showing them the many opportunities that are available to them.

July 15<sup>th</sup> 11:00 a.m.-12:00 p.m.

## **EDUCATIONAL RESOURCES**

### ***Beginner Spanish***

This is an introduction to the Spanish language. Participants will learn basic vocabulary including numbers, colors, and greetings.

*Workshop Leader: Yolanda Fana*

July 7th, July 8th, July 10<sup>th</sup> 6:00 p.m.-7:00 p.m.

July 14th, July 15th, July 17<sup>th</sup> 7:00 p.m.-8:00 p.m.

July 21st, July 22nd, July 24<sup>th</sup> 7:00 p.m.-8:00 p.m.

July 28th, 29th 7:00 p.m.-8:00 p.m.

### ***Literacy Activities at Home-All Children Reading by Grade 3***

Participants in this workshop will learn vocabulary development and comprehension strategies to use at home with their child to support reading.

*Workshop Leader: Patrizia Raimo-Lacerra*

Ms. Raimo-Lacerra has been teaching for 25 years with 18 of those years as a Title I Reading teacher. Her favorite part of teaching is making a strong connection with her students and their families.

July 20<sup>th</sup> 10:00 a.m.-11:00 a.m.

***Questioning while your child reads in the 5th grade*** – The discussion will focus on types of questions you could ask her child about what they are reading in the 5<sup>th</sup> grade. A questioning guide to ensure that your child understands and can articulate what they are reading.

*Workshop Leader: Ms. Lauren Spagna*

Ms. Spagna is a 5<sup>th</sup> grade teacher at School 13. She specializes in English instruction and Reading Comprehension.

July 29<sup>th</sup> 2:00 p.m.-3:00 p.m.

### ***Music activities at home for our Special Needs Students***

Offering a sensory approach, Dr. Talusan-Dunn will teach parents how to connect with their special needs child through active play and collaboration. This fun-filled workshop will cover various sensory art activities and parallel play that parents can use with their child to encourage positive social interactions, effective communication and overall sense of pride in accomplishments. The workshop facilitator will go over activities, easily accessible materials and resources to keep for the future. Join us for this exciting sensory arts workshop, you won't want to miss it!

*Workshop Leader: Rowena Talusan-Dunn*

Rowena Talusan-Dunn is a Registered Art Therapist and Licensed Creative Arts Therapist in Westchester, New York. Dr. Talusan-Dunn has been the Art Therapist at Westchester Hills School 29 for the last 17 years, working exclusively with students with autism and special needs, kindergarten through 8th grade.

July 21<sup>st</sup> 11:00 a.m.-12:00 p.m.

***My Brother's Keeper (MBK) Movement in Yonkers***

The City of Yonkers, Yonkers Public Schools and Nepperhan Community Center accepted President Barack Obama's My Brother's Keeper Community Challenge. Learn about our exciting My Brother's Keeper Movement. Yonkers MBK addresses persistent opportunity gaps impacting boys and young men of color.

***Workshop Leader: Greg Joyner***

As the Yonkers My Brother's Keeper Program Coordinator, Greg Joyner oversees the Districtwide MBK mentoring program, student training, and has been a member of the District MBK Team for the past four years.

July 24<sup>th</sup> 11:00 a.m.-12:00 p.m.

***Students with Disabilities (SWD): Utilizing Visual Supports to Assist Your Child with Transitions***

This session will explore the many school and home transitions that occur and provide practical strategies for families to help their child. The topics will include Utilizing Picture and Object Cues, Establishing Routines, Supporting Social-Emotional Health and Preparing for Reopening of Schools.

***Workshop Leader: Stephanie McCaskill***

Stephanie McCaskill is the Executive Director of Special Education and Pupil Support Services. She has served in various roles over her 29 years career in Special Education. This includes, Classroom Teacher, Speech Therapist, Staff Developer, Director of Autism services in NYC, Network Leader of the Autism Network supervising 15 schools and Principal of an Alternative School.

July 17<sup>th</sup> 5:00 p.m.-6:00 p.m.

***TBE, Dual Language and ENL Programs and Services***

This workshop will provide participants with an overview of programs and services offered in Yonkers Public Schools and guided by the requirements of the New York State Education Department to Multilingual Learner/English Language Learner students and families. Participants will be able to distinguish between English as New Language (ENL), Dual Language (DL), and Transitional Bilingual Education (TBE) programs and services.

***Workshop Leader: Odelia Madmoni***

Ms. Madmoni has been an ENL teacher for 9 years and has served in Yonkers Public Schools for the past six years. As an immigrant child herself, she is extremely passionate about serving other immigrants and making a difference in their lives.

July 23<sup>rd</sup> 11:00 a.m.-12:00 p.m.

***The Benefits of Bilingual Education (offered in Spanish)***

In this one hour workshop, parents will learn about the New York State English as a Second Language Achievement Test (NYSESLAT) and its levels, the difference between ENL and Bilingual Programs and accommodations; as well as programs offered in the district to elevate students' home language, the New York State Seal of Biliteracy and benefits beyond secondary education.

**Workshop Leader: Yohaira Reynoso**

Bilingual individuals have access to many social and economic opportunities. Ms. Reynoso is a supportive member of the NYS Seal of Biliteracy Professional Learning Community in her school and believes her contribution on this topic could be valuable to the Spanish speaking community. Yohaira Reynoso is an IB Spanish literature teacher at Yonkers High School. *(Note-workshop is in Spanish)*

July 7<sup>th</sup> 7:00 p.m.-8:00 p.m.

***Translation Tools and Language Access Resources***

Translation tools, such as, Google Translate and Microsoft Translator app provide users with tools to translate between languages and now include many new features which will be shared with the group. Also learn how to use the Remind app and the multiple benefits of it. It is one of the more popular apps used among teachers within the district. Time will be set aside to explore other apps that help develop language for Multilingual Learners.

**Workshop Leader: Odelia Madmoni**

Ms. Madmoni has been an ENL teacher for 9 years and has served in Yonkers Public Schools for the past six years. As an immigrant child herself, she is extremely passionate about serving other immigrants and making a difference in their lives.

July 27<sup>th</sup> 5:00 p.m.-6:00 p.m.

**EMPLOYMENT**

***Searching for a job during the pandemic***

Facilitators will present the hard facts about getting a job, including how to look for a job during the pandemic, how to prepare for an interview (including zoom interviews), and the importance of references.

**Workshop Leaders: Kris Komorowski and Ivan Newfield, Employment Case**

**Mangers for Pathways to Success**

July 28<sup>th</sup> 12:30 p.m.-1:30 p.m.

***The Interview***

The facilitator will share how to prepare for an interview from the company perspective, including interview questions, how to act during the interview, and how to close the deal.

**Workshop Leader: Louis Bevilacqua, retired executive from Con Edison**

July 30<sup>th</sup> 4:30 p.m.-5:30 p.m.

## **FINANCIAL LITERACY**

*Creating a budget, credit card management, saving for college*

*Workshop Leader:* **Nicholas Nardini, Senior Associate, Duff & Phelps Financial**

**Analysts**

July 16<sup>th</sup> 4:30 p.m.-5:30 p.m.

## **FITNESS**

### ***Strength Training Class***

This class consists of a warm-up, and exercises to strengthen and tone your arms, chest, legs, butt, and back. The class finishes with core training and stretching for a complete workout. This session is one-hour of low-intensity total body workout with no equipment needed. All fitness levels are welcome!

*Workshop Leader:* **Maritza Fasack**

Maritza Fasack has been teaching physical education (PE) for the Yonkers School District for 21 years and has taught PE for the New York City Board of Education for three years. Maritza Fasack is a certified Group Fitness Instructor and taught strength training classes to adults at Hourglass Women's Wellness gym in White Plains, New York.

July 9<sup>th</sup> 6:00 p.m.-7:00 p.m.

July 13<sup>th</sup> 6:00 p.m.-7:00 p.m.

July 16<sup>th</sup> 6:00 p.m.-7:00 p.m.

July 20<sup>th</sup> 6:00 p.m.-7:00 p.m.

July 23<sup>rd</sup> 6:00 p.m.-7:00 p.m.

July 27<sup>th</sup> 6:00 p.m.-7:00 p.m.

July 30<sup>th</sup> 6:00 p.m.-7:00 p.m.

## **HEALTH LITERACY**

### ***Healthy Eating***

Facilitator will share how families provide good nutrition in these times, including healthy portions, healthy food shopping and being a smart consumer.

*Workshop Leader:* **Lucy Diaz, Nutrition Educator from Cornell Cooperative Extension Center of Westchester**

July 14<sup>th</sup> 12:30 p.m.-1:30 p.m.

### ***Self-care and mental well-being for ourselves and our loved ones during COVID***

*Workshop Leader:* **Dr. Eduardo Rodriguez, PhD, Executive Director of New Fronteras**

July 21<sup>st</sup> 12:30 p.m.-1:30 p.m.

*How to handle the mental, physical and emotional aspects of living with COVID.*

*Workshop Leader: Corine Lurry-Mabin, Vice President & Chief Program Officer for ANDRUS*

July 23<sup>rd</sup> 4:30 p.m.-5:30 p.m.

### ***Medicaid***

This workshop will discuss the Medicaid process and expectations for parents.

Topics included in this session are:

- \*Medicaid Consent Forms and Prescriptions for 20-21
- \* Synchronous services
- \* Resources for parents

*Workshop Leader: Derick Adu*

Derick Adu is the District's Medicaid Compliance Officer. He oversees Speech Therapy, Occupational Therapy and Physical Therapy currently provided by Yonkers Public Schools.

July 8<sup>th</sup> 10:00 a.m.-10:30 a.m.

## **LEGAL TOPICS**

### ***DACA and other legal updates***

The facilitator will talk about what's open, what's not, filings, the DACA decision and the imminent price increase.

*Workshop Leaders: Sister Kelly and Evelyn Rios from RSHM Life Center*

July 7<sup>th</sup> 12:30 p.m.-1:30 p.m.

### ***Immigration and Housing***

Immigration policies in the present environment, housing-tenant rights and public charge.

*Workshop Leader: Cynthia Tejada, Esq. from the Hudson Valley Justice Center*

July 9<sup>th</sup> 4:30 p.m.-5:30 p.m.

## **PARENTING**

### ***Creating a Positive Growth Mindset in Your Child***

This workshop will provide families with reasons why it is important to create a positive growth mindset in their child through best practices, research-based articles, as well as engaging online videos.

*Workshop Leader: Mariellen Ryan*

Mariellen Ryan is commencing her 30th year in education and has been a Yonkers Title I Reading teacher for 24 years. Currently, she teaches at the Casimir Pulaski School.

July 14<sup>th</sup> 9:00 a.m.-10:00 a.m.

*Parenting with Love & Limits*

Learn how to set limits, stay calm, and get on your child's level.

Empower yourself to parent with love and feel more confident communicating with your child.

*Workshop Leader: Caitlin Leon*

**Caitlin Leon** is a Licensed Social Worker through Westchester Jewish Community Services. As a Program Coordinator with the Young People Achieve program, she is committed to serving the needs of children and families in schools throughout Westchester County. She has over 12 years of experience working with youth as an agent of support and guidance.

July 9<sup>th</sup> 11:00 a.m.- 12:00 p.m.

*Parenting One Step at a Time*

Learn hands on approaches to do at home with your child while learning what positive parenting is all about. Add to your "toolbox" new parenting skills to encourage desired behavior and see more positive outcomes in the future.

*Workshop Leader: Caitlin Leon*

Caitlin Leon is a Licensed Social Worker through Westchester Jewish Community Services. As a Program Coordinator with the Young People Achieve program, she is committed to serving the needs of children and families in schools throughout Westchester County. She has over 12 years of experience working with youth as an agent of support and guidance.

July 16<sup>th</sup> 10:00 a.m.-11:00 a.m.





## **ADULT EDUCATION DISTANCE LEARNING SUMMER CLASSES**

**FREE OF CHARGE**

**Continue your education and advance your career from the comfort of your home with these outstanding classes and services (scheduling is flexible):**

- High School Diploma Preparation
- English for Speakers of Other Languages
- Employment Preparation/Assistance
- Informative Workshops/Community Referrals

***Space is limited!***

- For more information, please email us at: [pathwaysinfo@yonkerspublicschools.org](mailto:pathwaysinfo@yonkerspublicschools.org)
- Or call the Vive School at 914-376-8600
- Monday through Thursday, 9:00AM to 1:00PM
- *(21 years and older, Yonkers residents only)*

***We look forward to helping you achieve your goals!***



**Educación a distancia para adultos  
programa de verano**

**CLASES SIN COSTO**

Continúe su educación y avance su carrera desde la comodidad de su hogar con estas clases y servicios excepcionales (la programación es flexible)

Programa de equivalencia de escuela secundaria  
Inglés para hablantes de otros idiomas (ESOL)  
Preparación para el empleo / asistencia  
Talleres informativos / referencias de la comunidad

**El espacio es limitado!**

Para obtener más información, envíenos un correo electrónico a: [pathwaysinfo@yonkerspublicschools.org](mailto:pathwaysinfo@yonkerspublicschools.org)

o llamar a la escuela vive al 914-376-8600

de lunes a viernes 9:00AM a 1:00PM

21 años y mayores residentes de la ciudad de Yonkers

**Esperamos ayudarle a alcanzar sus objetivos!**

## ACADEMIC RESOURCES FOR CONTINUITY OF INSTRUCTION DURING SUMMER

In addition to the Summer Academic program, we encourage parents to use these resources to provide continuity of learning for their children during Summer vacation at home.

- **National PTA** <https://www.pta.org/home/family-resources/Parents-Guides-to-Student-Success>
- **Open Culture:** [http://www.openculture.com/free\\_k-12\\_educational\\_resources](http://www.openculture.com/free_k-12_educational_resources)
- **Parent/Teacher Association:** <https://www.pta.org/>
- **Read.Write.Think:** <http://www.readwritethink.org/parent-afterschool-resources/>
- **PopSugar**-A list of other sites and links: <https://www.popsugar.com/family/free-online-educational-resources-for-kids-47311368>
- **Busy Teacher** – A list of other sites and links: <https://busyteacher.org/11545-top-25-online-learning-resources-for-students.html>
- **National Institute for Early Education Research (great site-A lot of other resources):** [http://nieer.org/covid-19\\_resources](http://nieer.org/covid-19_resources)
- **We Are Teachers:** <https://www.weareteachers.com/free-online-learning-resources/>
- **National Education Agency (NEA)Today:** <http://neatoday.org/2020/03/16/resources-for-online-learning-during-school-closures/>

## MULTILINGUAL LEARNERS/ENGLISH LANGUAGE LEARNERS RESOURCES

- **Teaching Multilingual Learners Online** <https://wida.wisc.edu/memberships/isc/newsletter/teaching-multilingual-learners-online>
- **La Comisión Nacional de Libros de Texto Gratuitos** <https://www.conaliteg.sep.gob.mx>
- **Tumble biblioteca** <https://bibliotecatumble.com/BooksList.aspx?categoryID=66>
- **Learning A-Z Bilingual Books grades K-5** [learninga-z.com](http://learninga-z.com)
- **Newsela Spanish** <https://newsela.com/rules/spanish>
- **Tumble Books** <https://tumblebooklibrary.com/Home.aspx?categoryID=77>
- **Storyline Online** <https://www.storylineonline.net/library/>
- **Scholastic Learn at Home** <https://classroommagazines.scholastic.com/support/learnathome.html>
- **Newsela** <https://newsela.com/>
- **Khan Academy**- On Clever <https://www.khanacademy.org/>
- **Sumdog**- On Clever <https://pages.sumdog.com/>
- **Mystery Science**- <https://mysteryscience.com/>
- **STEM Teaching Tools**- <http://stemteachingtools.org/news/2020/guidance-for-supporting-science-learning-during-covid-19> (also in Arabic and Spanish)

## WORLD LANGUAGES

- **Duolingo**- On Clever <https://www.duolingo.com/>
- **BBC Languages**- <http://www.bbc.co.uk/languages/>
- **Newsela Spanish** <https://newsela.com/>
- **The Italian Experiment** <https://www.theitalianexperiment.com/>
- **Castle Learning Spanish**- On Clever <https://www.castlelearning.com/>
- **PBS Learning Media**- K-3 Spanish for Children <https://ca.pbslearningmedia.org/collection/salsa-spanish-for-children/>

## STUDENTS WITH DISABILITIES

- **National Association of School Psychologists:** <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources>
- **Attention Deficit Disorder Association:** <https://add.org/>
- **National Center for Learning Disabilities:** <https://www.nclld.org/>
- **Federation for Children with Special Needs:** <https://fcsn.org/>
- **Autism Speaks:** <https://www.autismspeaks.org/>

## SUGGESTIONS FOR PARENTS/GUARDIANS FOR SOCIAL-EMOTIONAL SUPPORT

As stated by the Center for Disease Control and Prevention, the outbreak of the coronavirus disease (COVID-19) may be stressful for people— understandably so. Fear and anxiety about a disease can be overwhelming and cause strong emotions in both adults and children alike. Learning how to effectively cope with stress will make you, the people you care about, and your community stronger. Everyone reacts differently in difficult times. How you respond to the outbreak can depend on many factors. Click here for more information about managing stress and anxiety: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html> There are many other resources available to support you. We can do this if we do it together!

- Parents/Guardians should establish a daily schedule or routine with students that includes the recommendations of the school/teacher for summer learning.
- Parents/Guardians should designate a quiet work space or area for students, if possible, where materials can be left and safeguarded.
- Parents/Guardians should review and ensure that students adhere to the district recommendations for appropriate internet use if students are online for extended periods of time.

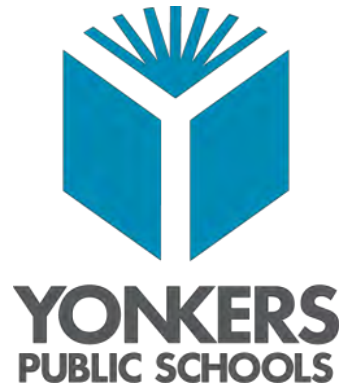
## RESOURCES RELATED TO COVID 19

Related (Social Emotional Learning; How to deal with COVID; Some Educational Resources)

- ChildMind: <https://childmind.org/coping-during-covid-19-resources-for-parents/>
- Center for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>
- The National Child Traumatic Stress Network: <https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019>
- Nationwide Children's Organization: <https://www.nationwidechildrens.org/family-resources-education/700childrens/2020/01/novel-coronavirus>
- UNICEF: <https://www.unicef.org/coronavirus/covid-19>
- Public Broadcasting Stations: <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>
- BestBuddies (<https://www.bestbuddies.org/bbu/covid-19/parents>)
- <https://www.greatschools.org/gk/>
- Panorama Education: <https://www.panoramaed.com/blog/sel-resources-for-educators-school-communities-and-parents-related-to-covid-19>
- US Education Department: <https://www.ed.gov/coronavirus>

## RESOURCES TO TALK TO KIDS ABOUT RACISM

- Parents.com <https://www.parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fight->  
Unicef <https://www.unicef.org/parenting/talking-to-your-kids-about-racism>
- Naciones unidas: Las apariencias engañan! Luchemos contra el racismo!  
<https://www.un.org/es/letsfightracism/>
- Recursos educativos sobre racismo y xenofobia  
<http://www.educatolerancia.com/wp-content/uploads/2016/12/Dossier-Recursos-educativos-sobre-racismo.pdf>
- 20 Ideas para construir la interculturalidad y prevenir el racismo en educación  
[http://www.educatolerancia.com/wp-content/uploads/2016/12/polguia20ideas\\_contra\\_discriminacion.pdf](http://www.educatolerancia.com/wp-content/uploads/2016/12/polguia20ideas_contra_discriminacion.pdf)
- Educar contra el racismo  
<http://www.educatolerancia.com/wp-content/uploads/2016/12/Educar-contra-el-Racismo.pdf>



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