Flex-Day Wednesday (Example)

7:35-8:00 a.m.	Social Distancing Educational Practices
8:00-8:20 a.m.	Synchronous Remote Instruction
8:24-8:44 a.m.	Period 2
8:48-9:08 a.m.	Synchronous Remote Instruction
9:12-9:32 a.m.	Synchronous Remote Instruction
9:36-9:56 a.m.	Period 5
10:00-10:20 a.m.	Synchronous Remote Instruction
10:24-10:44 a.m.	Period 7
10:48-11:08 a.m.	Synchronous Remote Instruction
11:08 a.m12:00 p.m.	Lunch
12:00-2:29 p.m.	Professional Development School-wide PLCs Grade level/Department PLC