



# WRAPAROUND PROJECT

YOUR VOICE  
YOUR CHOICE  
YOUR TEAM

Wraparound is a process that provides a comprehensive, holistic, youth-and-family driven way of responding when children or youth experience serious mental health or behavioral challenges. Wraparound puts the child/youth and family at the center. With support from a team of professionals, including a Family and Youth Peer Advocate, as well as other supports, the family's ideas and perspective about what they need and what will be helpful drive all of the work in Wraparound.

## HOW DOES WRAPAROUND HELP?

- Wraparound helps make sure children and youth grow up in their homes and communities
- Wraparound brings people together from different parts of a family's life to create an individualized plan that is relevant to their needs and addresses a range of life areas.
- Wraparound develops problem-solving skills, coping skills and self-efficacy of the youth and family members.
- Wraparound is flexible. You and your team will evaluate whether your plan is getting the **results** or **outcomes** you want.

## WHAT CAN A FAMILY EXPECT?

- Families can expect regular **team meetings**.
- Families can expect to get **copies of all plans**.
- Families can expect that their Family Peer Advocate will respect their **confidentiality** and request they sign a form allowing them to talk to other people in preparing for the first team meeting.
- Families can expect to be connected to the **community resources** they want for their family.
- Throughout the process, **families can expect to be respected and their voices to be heard**.

## A Family/Youth Peer Advocate will support a family by:

- *Helping get everyone together at a time and place that is comfortable for the family.*
- *Partnering with a family to discuss their strengths and needs.*
- *Making sure a family's voice is heard and that they are happy with the decisions made.*
- *Never giving up.*

For more information,  
please call  
(914) 995-5238

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