

FSW PARENT SUPPORT GROUP

FSW PARENT SUPPORT GROUP: MANAGING THE IMPACT OF COVID -19 AND THE DIFFICULTIES WITH ONLINE LEARNING



Description: The Parent Support Group is a four-week program. It aims to provide information and therapeutic modalities to manage the effects of COVID-19 and assist parents/guardians with online learning and behavior management. The group will cover COVID-19 CDC guidelines and safety practices, developing a successful learning environment for children at home, parenting skills and behavioral modification techniques, and tips on relaxation and stress management. The group is interactive, informative, and will focus on learning from one another.

Date: Every Tuesday beginning 1/05/2021. The four-week program will be held 1/05, 1/12, 1/19, & 1/26.

Online Platform: Zoom. A Zoom link and resources that will be discussed during the group will be sent out via email the day before the group is held.

Time: 5-6PM.

Presenter: Tesfa Spence, Fordham MSW Student

How to Register: Please contact the Director of Early Childhood programs at Family Services of Westchester:

Diana Cohen, LCSW dcohen@fsw.org (914) 539-1400.