E SCROL

March 29, 2018

Open for Karate. (See interview on page 17.)

Volume I, Issue I

School Newspaper



Jai Bonilla (center, above) speaks at The Empowerment Workshop of the Parent-Student Summit at the Royal Regency Hotel.



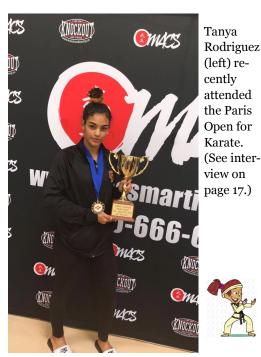
See more on page 16.

Gear Up

Mayor Spano Speaks at Protest



Mr. Kuhn (center) is on-stage directing his instrumental students, while Mr. Zion (far right) is directing the student chorus at the Winter Concert in December. See page 3 for additional pictures of The Winter Concert.



See page 17 for interview of Tanya.

Winter Concert

Tanya Rodriquez, Olympic Karate Hopeful The Black History Club sponsored a luncheon (right). (From left) Kevon Edmondson, Ms. Ellis, Ms. Lvttle, Miah James, Melany Camzares, Nadia Gray, Deborah Ansah, and Barbara Acheampong

> Diamond Chambliss and Deborah Ansah (right) are the Co-Presidents of the Black History Club.



Black Culture Club Poetry Contest Winners 2017-2018

1st Place Enjoli Cave

2nd Place Alma Kissi

3rd Place Aidan Ortiz and Jade Watkins

4th Place Malachi Moore & Yanin Ledesma

5th Place D-Lo Hamilton and Ashley Alvarez

Honorable Mention

Emy Cabrera Alana McCorvey

Franciara Oliveira Giselle Campos

Rebecca Medina Nadia Gray

The Scroll School Newspaper Club

This issue of The Scroll can be found on the Lincoln High School website. The Scroll will focus on the girls and boys basketball seasons in the second issue of The Scroll due in May.

All photos were supplied by The Scroll school newspaper club unless noted below the pictures.



The Scroll School Newspaper Club includes (from left) Valentina Bohorquez, Yailin Leonardo, Mr. William G. Sweeney, Keyara Lewis, Brianna Vera, Diamond Chambliss, Jose Hernandez, Rosa Perez, Jackie Rosas and Yazel Barrigan.



Aiden Ortiz (far left, 3rd Place) and Enjoli Cave (1st Place) recite together at the Black **History Club Poetry Competition Winners** Circle.



The Lincoln Teachers Ensemble (above) played music as students, teachers and administrators entered the building on the morning of the last day before the Christmas holiday.

Winter Concert and Art Exhibit









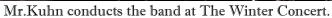














Mr. Zion conducts the choir at The Winter Concert.

Sophomores

Gear Up Parent-Student Summit



Principal Sherman addresses the Gear Up audience at the Parent-Student Summit.

Empowerment Workshop

November 18, 2017

Parent-Student Summit

November 18, 2017

Gear Up alumni class of 2011

Over 110 parents and students gathered at the Gear Up Summit on November 18, 2017 at the Royal Regency Hotel for a day of panel discussions, workshops, networking, and a celebration of success.

Gear Up

By Aaron Bonilla

Gear Up is a grant that helps students make their future more successful. Gear Up helps students to increase their academic performance and prepare for their continued education during and after high school. Gear Up helps students to get into and succeed in college. A goal of Gear Up is to assist all of the three-hundred-and-nineteen tenth graders now at Lincoln High School. Tenth graders who have not joined Gear Up should reconsider this option. Tenth graders should not let this chance pass them by. They should consider what they are doing with their lives now, and figure out ways to participate in any or all of the Gear Up activities.

Credit Recovery

By Elizabeth Rosario

Credit Recovery is a way for students to make up a class they may not have passed. The priority is for students who need to make up a class in order to graduate. Credit Recovery is part of the Gear Up grant.

Sophomores

Gear Up Parent

Gear Up at Lincoln High School

By Lorilet Monegro, M.S., CCC-SLP, TSHH-BE

As I reflected on the benefits the Gear Up program has provided for my daughter, a tenth grader, I came to the word gratitude. Gear Up has provided my daughter with important activities, and engaging events that have helped her become more focused and defined in regard to her career goals, and has fostered more reflection and maturity as to who she is to become. I am grateful for Gear Up at Lincoln High School because through the Gear Up program a sense of community and 'family' has been created. I have also developed parent friendships with others who take part in the purposeful events and workshops, and in the various highly motivating activities prepared for the advancement of the students. I have experienced firsthand the



Lorilet Monegro, M.S., CCC -SLP, TSHH-BE (above)

commitment, dedication, and follow through of the administration that supports the mission of Gear Up, with the focus not only of bringing awareness of career choices, but of educating the parents on the college process, and equipping us with ways to support our children with their education beyond the moment. Gear Up highlights the importance with planning for the future at a college, opening up the minds of the parent and the child alike, to the infinite possibilities ahead and the opportunity for a breathtaking future ahead. Among the many events, last year 2017, this cohort of students were able to take part in a series of trips to various colleges and universities, as well as career fairs/events that help increase awareness of the many choices available for higher education.

"To lead people, walk beside them...As for the best leaders, the people do not notice their existence. The next best, the people honor and praise. The next, the people fear; and the next, the people hate...When the best leader's work is done, the people say, 'We did it ourselves!'



The Gear Up Committee includes (above, from front left) Mr. Sweeney, Dr. Arias, Ms. Osinloye, Ms. Potter, the Gorton Gear Up liaison, Ms. Dolan, and Ms. Gillette.



Ms. Arias (above) works with the tenth grade students on a Gear Up lesson.



Ms. Rodriquez-Difucci (above) speaks to tenth grade students for Gear Up.

ENL Thanksgiving Luncheon







Academy of Learning Thanksgiving Luncheon



Ms. Vitulli, the Academy of Learning Department Chairperson speaks at the Luncheon.

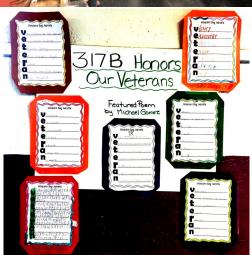


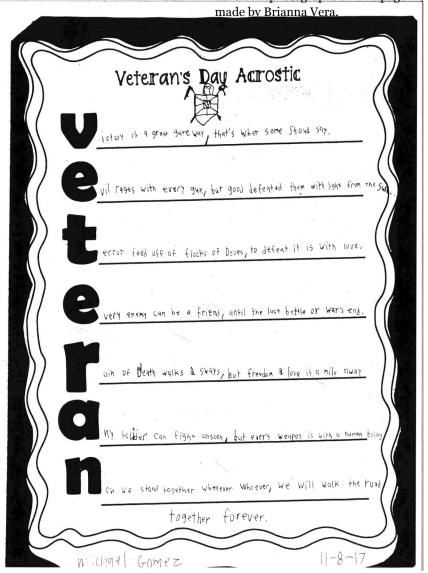
Ms. Hattar (AP) and Aseel Jabbour (above) show a pumpkin pie.



(From left) Brianna Vera, Dery Castro, Rhys Timoney, Ms. Riti, Assel Jabbour and Rosa Perez. All photographs on this page were







Winter Extravaganza

By Wilbert Bermejo-Flores

On Wednesday, December 20th, the Academy of Finance (AOF) hosted The Winter Extravaganza. Mr. Mulqueen and Ms. Martselos are the teachers who organized it. Seniors showed their business acumen by setting up twelve tables where they sold reasonably priced products such as Iphone accessories, and services like temporary tattoo installation and taking student pictures. They were selling small speakers, and snowman plushies. Many of the salespeople were wearing Christmas hats, and one was dressed as a Christmas tree. They were happy to be selling our students these items. Everyone enjoyed the holiday music. The Winter Extravaganza was a great shopping experience for the school. Merry Christmas and Happy New Year!

YPIE College Application Day

By Wilbert Bermejo-Flores

On Saturday November 18th, Lincoln High School hosted the YPIE College Application Day. Students were helped with anything they needed to prepare for college. We were helped with Naviance, the Common Application, college applications for SUNY and CUNY, college essays, financial aid, and college information.

Seniors Get Guidance With The College Application Process

By Andry Castillo

Seniors at Lincoln High School are very lucky. Everything here is basically handed to us. The College Board so far has been our biggest help for our futures. For instance, fees for applying to colleges can cost up to seventy-five dollars. This is a lot of money to apply for just one college. However, the College Board has been doing their best to help us with this problem and other such problems.

The College Office at Lincoln High School is where we find help with college applications from Ms. Russo, Ms. Charitos, and other staff members. These wonderful people have invited so many college representatives to come and talk to us and give us free college applications. This is a phenomenal benefit to us because of the free applications and because we get to meet different college representatives. They talk to us and give us information about their colleges. Now the seniors can be more sure about which colleges they want to attend. Seniors can ask questions at these meetings without having to first contact them.

Seniors Academy of Finance Winter Extravaganza Fair























Spirit Week

By Crystal Martinez

October 16th was the first day of Spirit Week. The first day of Spirit Week was Character Day which is a day filled with color and excitement. This is like Disney World came to visit our school. There were students and staff dressed as super heroes.







Character Day

By Andry Castillo

Lincoln High School felt like a fairy tale on Character Day. As I walked through the hallways, I felt like I was in a movie. There were so many different super heroes and princesses all over the place. The best part was how excited everyone was. We were fascinated at how wonderful and realistic the costumes appeared.

Valentine's Day

Be My Valentine?

By Brianna Vera

Valentine's Day is a day to celebrate love and friendship which the Lincoln High School family showed on February14th by filling the school with lots of color, balloons and flowers. We also were in the spirit with the playing of romantic music as the bell , and we had a raffle as well.







Seniors





Carla (above) and Jade (right) are reading "The Wife of Bath's Tale" from The Canterbury Tales by Geoffrey Chaucer. Kiana dances behind Jade.









Brianna (above, left), Tim (above), Rosa (right), Aurea (above, far right) and Fernando (left) make facial expressions of characters in "The Wife of Bath's Tale" from The Canterbury Tales.







Laughter



Puerto Rican Hurricane Relief Luncheon











Apple Picking

By Wilbert Bermejo-Flores

The Academy of Learning (AOL) went to the Davis Farmland for Apple Picking. Apple picking is a fun activity to do in the Fall when the apples are ripe. They made apple caramel pies from the apples they picked. Ms. Vitulli planned this pilgrimage and was very happy with the day there. Everyone enjoyed preparing the tasty treats. They had a wonderful time at Davis Farmland.

Trump Worries the Public

By Crystal Martinez

I think that Donald Trump has been extremely counter-personal throughout the election period and his first year in office. During his campaign, he was blunt and conceited. In his first one-hundred days as President of the United States (POTUS), citizens of Yemen, Iraq, Iran and Syria were not allowed into this country for a couple of days. Thankfully, federal judges determined that his decision was unconstitutional. He tried to stop giving funds to sanctuary states. He's also trying to fire Robert Mueller who is investigating Trump's activities during the election period. Many Americans are afraid that he might start World War III because he is tempting the North Korean dictator. Democrats are trying to get him impeached, but Congress is controlled by Republicans. Voters might turn control of Congress over to Democrats in the elections next November. I hope the Democrats accomplish their goal.

Top 3 Scariest Halloween Movies

By: Wilbert Bermejo-Flores

Halloween is the scariest holiday of the year. Halloween represents fun, torture, death, masks, candy, jack-o-lanterns, ghosts, and costumes. But the best part of Halloween is the scary movies. Let's countdown to the Top 3 Scariest Movies of Halloween.

Number 3: See No Evil

See No Evil came out in 2006. It talks about a reclusive maniac, Jacob Goodnight, terrorizing a group of young petty criminals who have arrived to clean up a rotting hotel as part of their community service. After one of them was kidnapped, the petrified group must find away to fight off a seemingly unstoppable foe. Jacob always attacks innocent people leading no one to go near the hotel in any way.

Number 2: The Ring

The Ring came out in 2002. An Urban legend, it's based on a videotape filled with nightmare images leading to a phone call foretelling the viewers death in exactly 7 days. Newspaper reporter Rachel Keller is skeptical of the story until 4 teens all died mysteriously exactly 1 week after watching the tape. Allowing her curiosity to get better of her, Rachel tracks down the video and watches it. Now, she has 7 days to unravel the mystery, or death will come to her.

Number 1: Scream 3

Scream 3 came out in 2000, as the 3rd and final installment to the trilogy of the Scream franchise. A scary figure, Scream, also known as "The Ghostface Killer" is the main antagonist of the movie. He wears the color black with a white mask and carries a knife to stab people. The killer does not talk a lot except when he has a voice changer that allows him to talk either on the phone or outside of the environment where he will purge his enemies. The protagonist of the movie is Sydney Prescott who must face the demons of her past to stop the killer and to find out the truth. The truth is Ghostface had already confronted Sydney to reveal his identity because he showed a film about Rena Reynolds that Ghostface had killed. Then he removed his mask and it was Roman Bridger the director and brother of Sydney. Sydney felt disappointed that Roman was behind all that he did, and that he betrayed his relationship with Sydney with these actions of how dastardly it ended up.

The top 3 scary Halloween movies can be most entertaining. Watch and enjoy these movies.

Happy Halloween!

By Wilbert Bermejo-Flores

October 31st was Halloween. Lincoln High School celebrated the scariest holiday of the year. It's fun and scary with candy, and scary music. At night, kids in the neighborhoods went trick or treating with scary and beautiful costumes such as Michael Myers, Scream, Freddy, beautiful princess masks, masquerade masks, queen outfits, and many more. All students were reminded by the Yonkers Police Department about the Halloween curfew. Students who were 11 years old and younger were required to be home by 10:00 pm. Students aged 12-13 were to be home by 10:30 pm. Teenaged students must by home by 11:00 pm. It was fun, but safety always comes first. Happy Halloween!

Current Technology Lincoln Students Use (or Would Like to Use)





By Wilbert Bermejo-Flores





The Iphone X was released on November 3rd, 2017, according to the Apple website (www.Apple.com). It is one of the first OLED smartphones that rises to the standards of IPhone. The Iphone X is a 5.8 inch device with a super retina display that is dazzling. This phone has a 1,000,000,000 to 1 contrast ratio, accurate stunning colors, and high brightness. The display employs new techniques and technology to precisely follow the curves of the design. It is water and dust resistant. It is the most durable smartphone with a durable glass front and back. This phone has new features such as A11 Bionic which is the most powerful chip with a neural engine capable of up to 600 billion operations per second, faster CPU, true depth camera with sensors, and Face ID is the new password to unlock your phone. It has wireless charging.

Simon released the Simon 2 optix on November 1, 2017. It is one of the first glowing wearable headgear that everyone will be happy to play with. The colors and patterns you will see when you play the toy are memorable. Challenge friends especially when it is dark.

LG has announced the 4KUHD Smart LED TV—65-inch class which was released in 2017. It features 8.3 pixels for the 4K which is the resolution of full HD TVs, HDR Pro Supporting, High Dynamic Range Content, WEBOS 3.0 and it is also part of the Energy Star. Also, it has an IPS Panel in the LGTV which has a strong contrast ratio that remain consistent at wide viewing angles. Plus, it has Tru Motion 120 Hz technology to see sports, video games, and high speed action with virtually no blur.

SONY announced The Xpera XZ1 at the IFA 2017 and released it on August 31, 2017. It has one of the most innovative 3D image created along with an HDR display full of stunning HD, superior audio capabilities, Motion Eye camera with 960FPS, and powerful speakers.

Panasonic has unveiled their new Blu-Ray DVD player and it is called the Ultra HD Blu-Ray Player DMPUB90A. It was announced on January 18, 2017. It guarantees a typically high base-line performance level. It has apps such as Youtube, Amazon, Instant Video, Vimeo, Netflix 4K streaming and Netflix HDR.

Google released the Google Pixel 2 Android phone on October 19, 2017. It has improved wireless signals. It has a superb camera with excellent low light shooting. It has Google Lens that calls up a lot of information to help you explore your surroundings.

SONY has announced the SRSCB40 BlueTooth Speaker. It was released in mid-March of 2017. This small, portable water-resistant Blue Tooth speaker has plenty of built-in customizable flashing lights—multi-colored LED lights. It has an Extra Bass button.

Horticulture Program

By Jim McManus, N.D.

It seems so long ago that an idea was born, first into a concept and then into reality. Since the 2007/08 school year, many students with special needs have come through our Horticulture Program at Lincoln High School. Many, if not all, have gained ,as a result, a greater respect for themselves and for others. Classmates became a family while working and learning together.

The achievements that our students have earned for Lincoln High School and for themselves represents our school motto, "We care, we learn, we lead." Our students have received many awards from local government programs, as well as from our Special Education Department, the Academy of Learning. Thank you students, staff, faculty and administration for your continuous support.

Early in 2016, we started an internship at the Yonkers Department of Parks, Recreation and Conservation. Our students were learning and working at their green house by preparing the next seasonal growth to be planted throughout the City's parks. Our students learned through hands-on experience of soil mixture, planting, potting, pruning and finally actual planting in mid-May at Untermeyer Park. Students in Lincoln's Horticulture Program excelled with enthusiasm in their first internship. See photos below.





During this school year of 2017-18, we started an experimental vegetable garden in "Eco Park" which is in our school's courtyard. A redesign of our raised bed planting areas allowed us to grow some common varieties of vegetables such as potatoes, tomatoes, and cucumbers, and some herbs such as sage, mint and basil. In our trial, we have found that watering in peak season, when we are on summer break, was an issue. We have considered using a time-controlled line system to serve that purpose. That would increase produce volume. We are also adding to the north end of Eco Park in the butterfly section. Work is in progress. This project will be announced upon completion. We have jump started our Aquaponic Unit to a trial stage.





Lincoln and City of Yonkers Protest Florida Gun Shootings







On Tuesday, March 14th, the City of Yonkers and the Lincoln High School family commemorated those who lost their lives at the Marjorie Stoneman Douglas High School in Parkland, Florida. This day was chosen because it marked exactly one month since the Florida shootings. On February 14th, seventeen people were murdered and another fourteen were injured in the high school in Parkland. We gathered in the gymnasium at Lincoln High School to express feelings and to share a moment of silence for the victims. The protest/assembly was led by Mayor Mike Spano. Also, Dr. Edwin Quezada, the Superintendent of Schools (above, right) gave a wonderful speech.

Run, Hide or Fight

— (but not in necessarily in that order)

By Mr. William G. Sweeney

Detective Kelly O'Rourke (right) of the Yonkers Police Intelligence Unit spoke to the teachers and administrators at Lincoln High School on 2/26 in response to the shooting at the school in Florida. We learned the strategy to 'Run, Hide, Fight' and not necessarily in that order. Every situation differs.



On the day when the Yonkers Public Schools returned from the Winter Break, the Yonkers Police Intelligence Unit met with the teachers from around the Yonkers Public Schools at Lincoln High School to discuss what to do in the case of a potential shooter in the school. Several of the detectives spoke about their insights as they showed several videos of analysis of similar attacks that took place in Florida and around the country during the past several decades. I took away from the meeting that our options under such an assault are to 'Run, Hide, or Fight', and not in that order. The order has to do with the specific situation. Their analysis was informative and beneficial.

One of the videos showed the shooter going towards six classrooms. The people in one classroom who had their door locked and had big bodies leaning against the door survived completely because the shooter could not enter that room. The people in another classroom decided to hide under desks. They had the lowest survival rate because the shooter easily found them and shot them one-by-one. In another situation, those who ran and escaped survived.

One detective did a simulation with a gunman confronting a target and the many surrounding people threw objects with rage at the shooter at close range. This distracted the shooter and he was subdued.

One good suggestion worth noting was to keep the classroom door shut even from someone claiming to be a policeman. The shooter might be the person saying he is a policeman. Instead, the recommendation was to wait until the principal or an assistant principal says to open the door.

I spoke with my classes about their concerns about a school shooter which is in the news and on everyone's minds. I discussed my experiences and recommendations given by the Yonkers Police Intelligence Unit.

Senior

Interview with Tanya Rodriguez

By Mr. William G. Sweeney



Q: Tanya, why are you going to Paris, France during the last two weeks of January?

A: I am going to Paris for two weeks to train (for karate) with Junior Lefeure and to watch the Paris Open from January 24th through January 28th. This is a huge competition in Europe. Personally, Junior is a very good trainer particularly with how Europeans train and perform karate. I am going to support athletes I've trained with such as Alexandra Recchia. One of my goals is to compete in the Paris Open in two years. During the first week, I will be in a small group training seminar. This is private with just our team of three including Sasha Rodriguez (no relation), from Westchester Community College and formerly from Yonkers High School, and Christopher Navarro, a junior at Yonkers High School. We will also be taking private lessons. In week two, we will be sightseeing and watching the Paris Open.

Q: How long have you been practicing karate?

A: I have been practicing karate since I was ten years old. I am now seventeen. In 2012, I was the National Champion. In 2017, I was 3rd Place for National Champion. I have won fifty medals in local tournaments. I am in the process of being counted for the Dominican National team for upcoming events.

Q: Who has helped you along the way?

A: Jose Guerrero, my karate instructor, has helped me the most with karate. I have known him since I was ten. He is like a father figure in my life. He has been very important. Truly without for him, I wouldn't be where I am. Also, Ms. Hattar, my mom, and other staff members have been very helpful.

Q: What advice can you give to the students of Lincoln High School?

A: Never give up. Work hard. You will get results. If you dream of something, make it a plan and follow through with it. I use a saying a lot on Instagram which I received from coach. "Don't call it a dream; call it a plan."

Q: What do you expect might happen in Paris?

A: I imagine Alexandra winning. I will get to see the level of competition that is up next for me.

Q: What is karate?

A: It won't be in the Olympics until 2020. Tae Kwan Do is in it now. It is pronounced 'karate' with an accent over the e. It is a form of martial arts where you learn self-discipline, maturity and character.

Q: Is there a karate season?

A: All year round. It depends on the athlete. I do sports karate. If you have a competition coming up, your prepare months before.

Q: How long is the flight to Paris?

A: It is a long flight. It is eight to ten hours. I've been there once before. It was for the same reason which is to train with Junior. I went there when I was thirteen for a summer training camp. I'll be back on the 31st and in school by February 1st.

Girls Soccer



Beatrice Hernandez (above) moves the ball.



Michelle Marin (above) is in action kicking the ball.



The seniors include (from back row, left) Denisse Garcia, Tiffany Cruz, Beatrice Hernandez, Shayla Tapia, Cynthia

Tiffany Cruz (left) is the girls soccer goalie. (Photo by Yazel Barrigan)

Girls soccer team captains include Cynthia and Shayla Tapia (right).



Jeffrey Gomes (below)

Boys Soccer



Jason Navarro (above)



Jose (above)

Josue Galvez (left, above) and Elvis Ortega (right, above)

Coach Fortuniewicz addresses his team at half-time.

Football





The photo above was supplied by the Yearbook Committee.



Volleyball







THE SCROLL



Sports





Girls Soccer



The photo above was supplied by the Yearbook Committee.

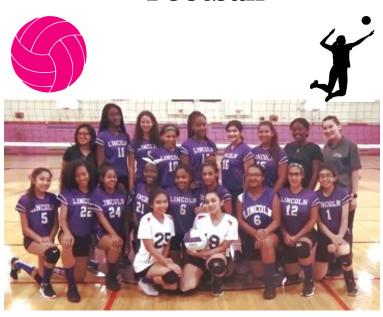
Football





Gabriel De Jesus (above) was the top scorer on the Boys Soccer team this year. He has been a starter for three years. He is All-League and All-Section I.





Volleyball