

**School-Based Rehab Program**

**Occupational Therapy**

**March 18, 2020**

**Dear Parent/Guardian ,**

**As your child’s occupational therapist and as a parent myself I understand how difficult this time has been . I have started the process of remote learning with my own children, and although challenging it has been rewarding and manageable. I understand that all learning styles are different and each child will adjust to this new style of learning with different responses. I want you to know that I am here to help in any way I can.**

**To ensure that your child continues to make progress related to occupational therapy I am providing activities and tasks to be completed at home TWO times per week. Each thirty minutes should incorporate the following:**

1.Yoga ;

https://**www.youtube.com**/watch?v=4ZpkRAcgws4

2. Complete 15 minutes of typing using ; Typing.com , freetypinggames.net

3. Complete one activity from ***Connect 12*** Activity booklet as uploaded by your teachers.

I am enclosing additional occupational therapy supports you mat find useful.

**Please email me ,** [**klamarca@saintjosephs.org**](mailto:klamarca@saintjosephs.org) **so that we can be in contact during this time.**

**Regards,**

**Katie LaMarca , Occuational Therapist.**